

# NEEDS ASSESSMENT OF THE ABORIGINAL PEOPLE

in the town of MANIWAKI,  
QUEBEC 2016



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MANIWAKI,  
QUEBEC 2016

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The needs assessment made possible through funding from the MRC de La Vallée-de-la-Gatineau and coordinated by the Algonquin Tribal Council.

Realization: Regroupement des centres d'amitié autochtones du Québec

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REGROUPEMENT  
DES CENTRES D'AMITIÉ  
AUTOCHTONES DU QUÉBEC

Regroupement des centres d'amitié autochtones du Québec  
85 boulevard Bastien, suite 100, Wendake (Qc) G0A 4V0  
1-877-842-6354  
[infos@rcaaq.info](mailto:infos@rcaaq.info)  
[www.rcaaq.info](http://www.rcaaq.info)

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## **ACKNOWLEDGEMENT**

The Algonquin Anishinabeg Nation Tribal Council (AANTC) and the project coordinator would like to take this opportunity to thank the First Nation communities and grassroots people who participated with assisting us in identifying the needs of our Anishinabe brothers and sisters who live in the town of Maniwaki. Our goal was to ensure that as many voices were heard throughout this process as possible. Kichi Migwetch to all the organizations from the town of Maniwaki who contributed to the information sessions as well. A special thank you to the Municipalité régionale de comté (MRC) de La Vallée-de-la-Gatineau for supporting the project financially and the Regroupement des centres d'amitié autochtones du Québec (RCAAQ) for their guidance and technical advice. Finally, the Tribal Council for coordinating the project.

Migwetch.

## **EXECUTIVE SUMMARY**

After several collaboration meetings amongst service providers and First Nations people, it has become evident that the present essential services that the town of Maniwaki delivers are not meeting the needs of the First Nations clientele. In order to come up with solutions it was determined that First Nations people would have to be included in the discussions and program development. There have been attempts to establish a services centre for Aboriginal people in the past, but none have been successful. In 2015, the subject arose again that establishing a centre in the town would be a possible solution. A group of representatives from the different organizations, First Nation communities and the MRC spearheaded the discussions and organized a few collaboration meetings. From these discussions it was proposed with the support of the MRC that a needs assessment should be coordinated to ensure that everyone involved would be consulted, and to determine if establishing a centre is a solution. The Algonquin Anishinabeg Nation Tribal Council agreed to coordinate the project and the funding was provided by the MRC. In November 2015, a project coordinator was hired to research and develop a needs assessment. In addition, the project coordinator was to determine if a Native Friendship Centre might be a solution to address many of the challenges. The priority of the project was to identify, inventory, understand and analyze the needs of the urban Aboriginal people in the town of Maniwaki, Quebec.



Secondly, it was to gather as much information as possible to ensure all voices would be included. Many individual meetings with service providers from various organizations were coordinated, meetings with the two First Nation communities (Barriere Lake and Kitigan Zibi Anishinabeg), consultations with the youth at the two schools, Aboriginal community meetings, and Aboriginal members through surveys and one-to one interviews.

The key findings of the major needs of the urban Aboriginal community in Maniwaki are prioritized and will be discussed throughout this document.

- Youth services
- Social support
- Health services
- Housing needs
- Education and Training
- Community sense
- Orientation and Information

The study revealed that many of the challenges mentioned above are of great concern, but the predominant factor was to address the needs of the aboriginal youth living in Maniwaki. To have a gathering place that can build a support system for them and an environment that is free of judgement. A central location that would allow networks to develop and include some range of services. To incorporate the culture and family unit while providing the opportunity for personal contact and socializing. This centre would fill the gap for many services and would provide the Aboriginal people living in Maniwaki a sense of security and belonging.

Through the process of the needs assessment it has become evident that this is just the stepping stone towards accomplishing the goal of having a Native Friendship Centre in the town of Maniwaki. Developing partnerships, collaboration, and consultations will be the key to its success.



## **INTRODUCTION**

The main objective of the project was to identify the needs of our Aboriginal population who live within Maniwaki and are struggling to adapt to the culture of urban living. One of the factors being that many First Nations children, who mainly come from the community of Barriere Lake, have to travel to the town of Maniwaki from a very young age (12 years) due to the lack of a high school in the community. Under the Education Act, school attendance is compulsory until 16 years of age. Consequently, children are forced to attend schools outside of their community for a considerable period of time during a significant stage of their personal development and education. This creates a social dynamic in the town of Maniwaki, in which past strategies have failed to meet the needs of the First Nations residents and the community itself.

Many challenges, such as a lack of housing, cultural identity loss, unemployment, language barriers, racism, and alcohol and drug abuse contribute to the risks of emotional stress for any individual. This results in a major impact on the community and its services. It has been agreed that the time has come to address these risks and find solutions. The first step would be to establish a centre that would centralize the services and activities for First Nations people. This would reduce barriers and provide a safe haven and a sense of belonging. Throughout the project the focus has been on how we would establish this type of organization, to ensure that everyone is consulted, and that it is serving the purpose. We are fortunate to have knowledgeable First Nation resources with expertise collaborating on this venture. One major step has been achieved and working together is the only option to achieve the goals being developed.

## **OVERVIEW OF PROJECT**

In November, 2015 a project coordinator was hired to develop a needs assessment and to seek support from the various organizations. First, the project coordinator was to develop a project plan and ensure that consultations with the First Nation communities, provincial programs, and most importantly the grassroots people were held. Included in the mandate was to seek and secure possible funding resources that would enhance the present programming.

To start the project meetings with several individual services were held and a survey was developed to assist with the gathering of information. Guidance was obtained from the RCAAQ and we were fortunate to have full support from the Ville de Maniwaki. An advisory working group was formed with their own terms of reference. After the analysis was complete it truly identified that a Native Friendship Centre in town was needed and that it would be a valuable contribution to the town of Maniwaki. Partnerships would have to be developed and the collaboration of everyone is needed to meet the needs of the First Nations population.



# ADVISORY WORKING GROUP:

A working group was created to provide guidance to the project coordinator. It was determined to ensure that everyone involved would be represented.

Charlotte Commonda, AANTC	- Project Coordinator—Algonquin Anishinabeg Nation Tribal Council
Norm Odjick, AANTC	- Director General—Algonquin Anishinabeg Nation Tribal Council
George Lafontaine, AANTC	- Communications Manager—Algonquin Anishinabeg Nation Tribal Council
Claudie Paul, RCAAQ	- Representative—Regroupement de centres d'amitié autochtones du Québec
Marylynn Poucachiche, ABL	- Representative—Barriere Lake Community
Lynn Buckhshot, KZHSS	- Representative—Kitigan Zibi Health and Social Services
Annie Richards, CISSSO	- Representative—Centre intégré de santé et services sociaux de l'Outaouais

## TERMS OF REFERENCE MANIWAKI FIRST NATIONS FRIENDSHIP CENTER ADVISORY WORKING GROUP

### ROLE AND PURPOSE

The role of the Maniwaki Native Friendship Centre advisory working group will be to provide strategic direction and leadership to ensure that the project progresses and that it will be providing advantageous guidance in meeting the needs of First Nations people living in Maniwaki.

### TERM

January 25, 2016 – September 30, 2016

### RESPONSIBILITIES

The membership of the Maniwaki Native Friendship Centre advisory working group will commit to maintaining at all times the focus of establishing a Native Friendship Centre in Maniwaki.

That each member will be provided with complete, accurate information in a timely manner, will attend all scheduled meetings, conference/video conference calls and will share all communications and information to all members of the Maniwaki Native Friendship Centre Advisory Working Group.

The Maniwaki Native Friendship Center advisory working group will make timely decisions and take actions so as to not hold up the project, but be given reasonable time to do so. Any financial commitments will require approval from the Algonquin Anishinabeg Nation Tribal Council board of directors.

To be alerted to potential risks and issues that could impact the project, as they arise with open and honest discussion.



## MEETINGS

All meetings will be chaired by the Project Coordinator.

Meetings, agendas, minutes will be provided by the Project Coordinator Native Friendship Centre, AANTC. This includes preparing agendas, supporting papers and the preparation of meeting notes and information.

## AMENDMENT, MODIFICATION OR VARIATION

This terms of reference may be amended, varied or modified in writing after consultation and agreement by the Maniwaki Native Friendship Center advisory working group.

# METHODOLOGY

The needs assessment was planned and put into 4 phases:

**Preparation**

**Field work / data gathering**

**Analysis of data**

**Completion of Report – Presentation**

## PHASE 1 – PREPARATION

A project management plan, workplan, and communications plan were developed. Secondly the sources for data collection were identified. Consultations with the Regroupment for guidance and many hours of researching documentation were completed. Target groups were created and the surveys were developed. Both surveys were reviewed by the school authority, the RCAAQ and AANTC.

### TOOLS:

**Questionnaires were developed:** one specifically for youth and one for adults. Oath of confidentiality was signed with the AANTC.

#### **Consent forms**

Consent forms for the youth with the collaboration of the schools

**Incentives:** free pizza for kids and prizes of groceries

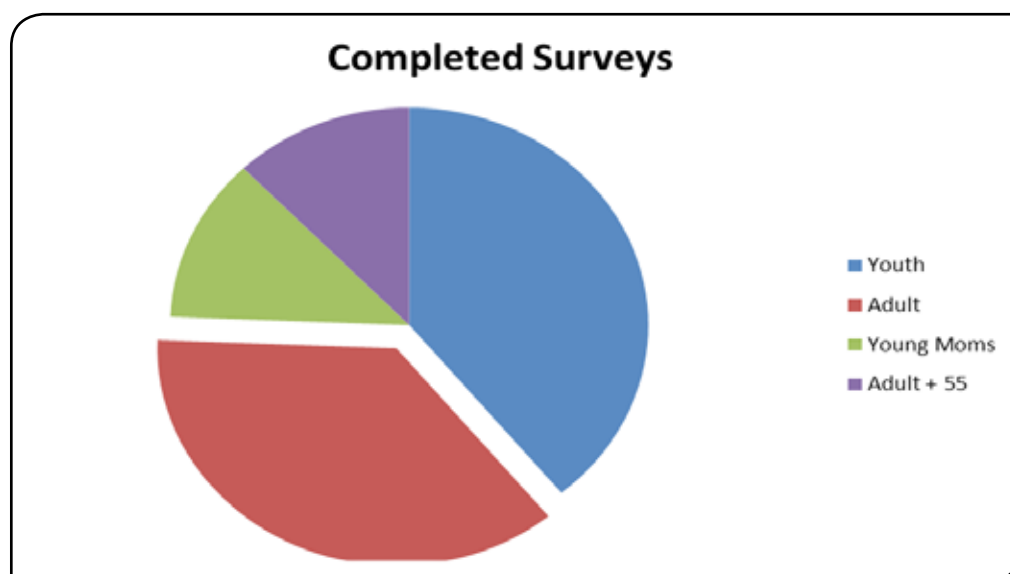


## PHASE 2 – FIELD WORK – DATA GATHERING

Researched and gathered information from existing program and services offered in Maniwaki. Organized, scheduled and facilitated focus groups to discuss the needs and possible solutions. Facilitated surveys and went door to door and to places where there would be group activities.

### INFORMATION GATHERING

- Collaboration meetings with Service Delivery Organizations
- Individual meetings with Service Delivery
- First Nation community gathering
- Surveys



### SURVEYS:

Surveys delivered: 84

Surveys completed: 70

Surveys were based on 800 First Nations living in town and surrounding areas.

10 % percent projected that 80 surveys be completed

Targeted Groups: Youth: 35 Adults: 20 Moms with young children: 11

Elders 55+: 4



## **PHASE 3 – ANALYSIS OF DATA**

### **ANALYSIS OF DATA:**

Compiled data

Analyzed data

Prepared a summary of results

## **MAIN RESULTS OF ANALYSIS**

### **DEMOGRAPHICS**

- Maniwaki Woodland School has an enrollment of 162 children with 100 being of First Nations descent.
- Over 100 children from Barriere Lake are attending schools in Maniwaki and Kitigan Zibi.
- 27 teens are living in boarding homes and 4 teens are placed in foster care. (These results are based on children from Barriere Lake alone)
- 90% of the adult education program enrollment are First Nations.
- Of the 70 surveys completed 52 of the participants are under the age of 30.
- Over 90% speak the English language and less than 5% speak French.
- Majority of the participants have an education level of high school or under.
- Over 75% live in rental apartments.
- Approximately 35% live with 5 or more occupants.
- Approximately 75% of the participants are unemployed.
- Sources of income is Social Assistance or Education Funding.
- Majority of First Nation people living in Maniwaki are from the community of Barriere Lake but 14 participants of the 70 surveys originated from other First Nation communities.



# YOUTH AGES 12—25 DEMOGRAPHICS

## NEEDS ASSESSMENT OF THE ABORIGINAL PEOPLE

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SURVEYS COMPLETED		
Barriere Lake	Other First Nation Wolf Lake, Lac Simon, Win- neway, Saugeen, Seabird Island.	Total Surveys Completed:
41	8	49



LANGUAGES SPOKEN		
ENGLISH	FRENCH	FIRST NATION LANGUAGE
49	6	4

PERSONAL SOCIAL ISSUES (18—25 years)								
Housing	Money	Job	Loss of Aboriginal Values	Emotional Stress	Anxiety Depression	Alcohol and Drug Abuse	Adaptt o Urban Setting	Trouble with the Law
9	9	9	2	5	4	2	2	4
DID YOU FIND SUPPORT FOR THE REASONS MENTIONNED ABOVE IN MANIWAKI?								
YES: 1			NO: 6			NO COMMENT: 3		

HEALTH AND SOCIAL (high school students)						
Medication	Illnesses	Mental Health	Doctor	CLSC	School Coun- seller	Social Worker
ABL: 1 Other: 1	ABL: 2 Other: 1	ABL: 4 Other: 2	ABL: 9 Other: 3	ABL: 4 Other:	ABL: 3 Other:	ABL: 4 Other:

HEALTH AND SOCIAL (18-25 years)						
Medication	Illnesses	Mental Health	Doctor	CLSC	Dentist	Social Worker
3	1	2	4	4	2	3

DO YOU HAVE CHILDREN? IF YES HOW MANY? (18-25 years)				
YES: 5 1 CHILD: 3 2 CHILDREN: 2				
HAVE THEIR CHILDREN WITH THEM	SINGLE PARENTS NOT IN A RELATIONSHIP	HAVE A FAMILY DOCTOR FOR THE CHILDREN	HAD MATERNAL AND PRE-NATAL CARE	CHILDREN ARE IN DAYCARE
5	5	2	2	0

# NEEDS ASSESSMENT OF THE ABORIGINAL PEOPLE

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## REASON FOR LEAVING COMMUNITY AND MOVING TO MANIWAKI:

- Education
- Spouse—Family
- Housing
- Resources
- Problems in their community
- Foster care

## POSITIVE REASONS FOR LIVING IN MANIWAKI:

- Education opportunities
- Better lifestyle
- Relaxed setting—less stress
- Health services—even if in French
- Small town
- Arena, gym, stores, restaurants.

## DIFFICULT CHALLENGES TO LIVE IN MANIWAKI:

- Language barrier
- Racism
- Lack of financial resources
- Housing
- Lack of Cultural resources
- Easier access to drugs and alcohol
- Boredom— Loneliness
- Being accepted
- Lack of activities for lower income and in English
- No employment
- No training opportunities in English
- Access to mental health services in English
- Access to pre-school programs—English



## **HEALTH:**

- Majority of First Nations in Maniwaki have “no family doctor”
- Many suffer from Mental Health conditions
- Loneliness
- Majority of children are immunized
- Over 90% of young moms have not had any maternal health teachings
- Majority of the young children do not attend any pre-school programs.
- None of the elders use any services from home and community care

## **SOCIAL:**

- Lack of support for youth
- Housing
- Nutrition
- Lack of Cultural Res.
- Employment
- Mental Health
- Activities- limited
- Addictions
- Loneliness

## **IMPACT:**

- Dropping out of school
- Emotional Stress
- Criminal Activity
- Addictions
- Culture shock
- Isolation
- Mental health need increase
- Health issues increase
- No motivation

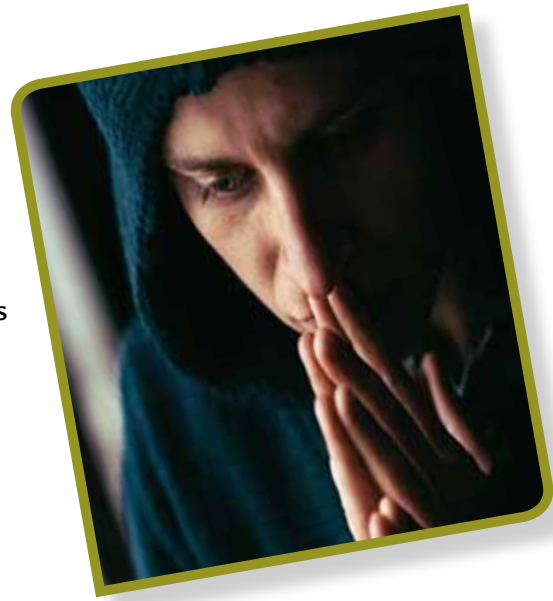


# NEEDS ASSESSMENT OF THE ABORIGINAL PEOPLE

In the town of MANIWAKI, QUEBEC 2016

## BARRIERS:

- Language
- Lack of awareness of programs
- Not asking for information
- Lack of appropriate identification
- Accessibility
- Racism
- Culture Shock
- Limited Support
- Judgement—Attitudes
- Services are not adapted to First Nations
- Service providers have lack of knowledge of First Nation Culture
- Lack of knowledge of patient rights



## EMOTIONAL STRESS TRIGGERS FROM LIVING IN MANIWAKI:

- Financial struggles
- Nor access to affordable and appropriate housing
- Addictions—easier access
- Loss of identity
- Racism
- Judgement
- Isolation

## GAPS IN SERVICES:

- Jurisdiction
- On-reserve—off reserve
- Youth who require support
- Residency clause

## TRENDS:

- Increase of First Nations in Maniwaki
- Increase in addictions/mental health concerns
- Increase in younger population



# RECOMMENDATIONS

## YOUTH:

- Gathering place
- Affordable, structured activities
- Afterschool program
- Counselling
- Tutoring
- Self esteem workshops
- Respect workshops
- Prevention programs: sex education, suicide, holistic programs.

## SOCIAL SUPPORT\*:

- Support Workers
- Prevention programs: addictions, parenting, youth
- Child and Family support
- Daycare: program for child development
- Awareness
- Outreach
- Counselling—guidance
- Support for basic needs
- Support to access benefits: non-insured health, medicare, social assistance.
- Restorative Justice

\*(culturally relevant and safe to First Nations and in both languages)

## HEALTH SERVICES\*:

- Health care—Nurse
- Health promotion and education: pre-natal, maternal health, healthy babies, diabetes prevention, healthy lifestyles.
- Referrals
- Nutrition Programs: cooking, food bank
- Holistic health
- Mental health
- Prevention of disease: HIV/AIDS, STD's, Hepatitis, TB
- Traditional healers
- Addictions

\*(culturally relevant and safe to First Nations and in both languages)



# NEEDS ASSESSMENT OF THE ABORIGINAL PEOPLE

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## HOUSING:

- Affordable
- Safe
- Open to all First Nations
- Shelters: men and women

## EDUCATION / TRAINING AND DEVELOPMENT:

- Life skills
- Promotion of self esteem programs
- Language upgrading
- Job search and support—career guidance
- Literacy program

## ORIENTATION & INFORMATION:

- Awareness of what exist in Maniwaki
- Liaison with communities
- Access to information
- Adaptation to life in Maniwaki—Education
- Education—for service providers on First Nations Culture
- Communication

## COMMUNITY SENSE\*:

- A place to call our own in the Town of Maniwaki—Gathering place
- To meet other First Nations People—Socializing
- Avoid isolation
- To obtain support
- Activities—Cultural, family, recreational.
- Cultural resources—elders
- A sense of security

\*(culturally relevant and safe to First Nations and in both languages)

## NATIVE FRIENDSHIP CENTRE —GATHERING PLACE

### Role of the Friendship Centre:

The Friendship Centre should carry strong organizational values such as pride, empowerment, and be family oriented. The Friendship Centre should have strong leadership and community involvement. It should be free of any political activity and work in collaboration with all organizations. An environment that would create a sense of belonging and where everyone would feel comfortable and safe. Free from prejudice and judgement a place to socialize and find support. Peaceful environment for everyone and still advocating to meet the needs of our aboriginal brothers and sisters.



## OPERATION OF A FRIENDSHIP CENTRE

The Maniwaki Native Friendship Centre should carry strong organizational values such as pride, empowerment, and family oriented. The center should have strong leadership and community involvement.

It should be free of any political activity and work in collaboration with all organizations

RECOMMENDED	RECOMMENDED	RECOMMENDED	RECOMMENDED	RECOMMENDED
Personnel	Support	Operations	Activities	Services
<ul style="list-style-type: none"> <li>· First Nation Staff—Bilingual</li> <li>· Knowledgeable</li> <li>· Qualified</li> <li>· Flexible</li> <li>· Supportive</li> <li>· Culturally Educated</li> </ul>	<ul style="list-style-type: none"> <li>· Counsellors</li> <li>· Crisis Workers</li> <li>· Health Professionals</li> <li>· Social Worker</li> <li>· Prevention Workers</li> <li>· Legal Support</li> <li>· Early Childhood</li> <li>· Recreation/ Activity Facilitator</li> <li>· Cultural Resources</li> <li>· Elders</li> <li>· Employment and Training Workers</li> <li>· Youth Workers</li> </ul>	<ul style="list-style-type: none"> <li>· Flexible hours</li> <li>· Promotion of programs by website, newsletters, flyers.</li> <li>· Continuous funding</li> <li>· Appropriate policies and procedures.</li> <li>· Strong financial management</li> <li>· Stable working conditions</li> <li>· Safety at all times</li> </ul>	<ul style="list-style-type: none"> <li>· Activities for all ages:</li> <li>· Cultural: Drumming, beading, hunting, fishing, trapping, dancing, and etc.</li> <li>· Fitness Programs</li> <li>· Social</li> <li>· Family</li> <li>· Youth</li> <li>· Elder</li> <li>· Recreation</li> <li>· Field Trips</li> <li>· First Nation language</li> <li>· Sports</li> <li>· Homework clubs</li> <li>· Tutoring</li> <li>· Leisure</li> </ul>	<ul style="list-style-type: none"> <li>· To meet all the needs</li> <li>· Elders</li> <li>· Cultural Resources</li> <li>· Health Services</li> <li>· Social Services</li> <li>· Legal Services</li> <li>· Employment and Training Services</li> <li>· Housing</li> <li>· Food/Clothing</li> <li>· Counselling</li> <li>· Education of First Nation Culture</li> <li>· Education of adapting to urban living</li> <li>· Kitchen</li> <li>· Foodbank</li> </ul>



## **PARTNERSHIPS**

It has been agreed by everyone that communication and developing partnerships will be a key component to the success of the Friendship Center. There will be a strong need to strengthen these relationships and to avoid the overlaps of services.

### **REQUIRED SUPPORT TO MEET THE NEEDS:**

- Counsellors: mental health, education, employment, crisis, etc.
- Medical: doctors, nurses, health educators, addictions, mental health
- Elders: for support
- Cultural resources
- Crisis workers
- Social: Housing
- Partnerships: services in Maniwaki and communities
- Prevention workers: parenting classes, health classes, budgeting, couples therapy, prevention of children going into foster care and juvenile detention centers, etc.
- Recreation facilitator
- Program for residential school survivors.
- Cafeteria, food bank
- Emergency shelter
- Youth services
- Volunteers

### **PHASE 4 – REPORT WRITING**

Prepare draft version

Editing

Final version approved and submitted

### **LITERATURE REVIEW**

- ABL student support services framework
- Previous Collobaration meeting minutes
- MRC – Ville de Maniwaki Web site
- CSSSO
- Health Canada
- Indigenous and Northern Affairs Canada
- Regroupement des centres d’amitié autochtones du Québec
- National Association of Friendship Centres
- Urban Partnership request for proposals
- Community Capacity Support – Criteria and Guidelines
- Incorporation Quebec—Governance By-Laws
- Quebec and Canada Statistics

- Urban Strategy employment and training measures
- Aboriginal Liaison at the Surete du Quebec
- Quebec and Canada Statistics
- Urban Strategy employment and training measures
- Aboriginal Liaison at the Surete du Quebec
- BC First Nations and Aboriginal People’s Mental Wellness and Substance Use - Ten Year Plan

## CONCLUSION

Many factors have contributed to the current wellness, realities and concerns for Aboriginal people. Some of these attribute from colonization, residential schooling, assimilation, physical, emotional, mental and sexual abuse, discrimination, a loss of tradition, language, and culture.

These factors have created an environment that has negatively impacted the health and social well being of Aboriginal families and communities. Aboriginal people often have a more challenging time accessing health services and related support services. Reasons being: geographic location, jurisdiction, language, awareness, and racism. These issues were not created yesterday, many years of neglecting to include the voice of the Aboriginal people with the development of frameworks, policies, laws, etc.

Aboriginal people need a range of culturally safe services that respect the tradition, values and beliefs. National, provincial, regional and local organizations need to be made aware of cultural sensibility. The importance of cultural safety in health and social services, is about empowering individuals, families and communities to take charge of their own health and well-being. It is important to note that achieving cultural safety requires that health and social service providers respect the diversity between and amongst Aboriginal people and their views. The conclusions in the needs assessment prove that Aboriginal people in Maniwaki do not receive the same quality of health services as other citizens of the area.

The needs assessment is a beginning and is developing strong partnerships as well as improving relationships between service providers and Aboriginal people which will play a major role in the success of this project. Respecting the role of Aboriginal culture, language and history will also be a determining factor.



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Next steps:

- Deciding on priorities
- Determining responses to specific problems
- Balancing investment among different areas; and
- Taking action at a local level

The plan is not intended to be prescriptive, but as a guide that reflects what community members have expressed where our focus should be. There are urgent concerns that need to be addressed, and doing so while developing improved quality services can be quite challenging. The needs assessment has provided evidence that support is required for the Aboriginal population living in Maniwaki. Furthermore, that the support must be adaptable and meet the needs of the Aboriginal clientele. Finally, that the inclusion of Aboriginal people with the development and improvement of these programs are essential.



# APPENDIXES

**PARTICIPANTS CONSENT FORM**

**OATH OF CONFIDENTIALITY**

**CLIENT SURVEYS**

YOUTH

ADULT

**NEEDS  
ASSESSMENT  
OF THE  
ABORIGINAL  
PEOPLE**

In the town of  
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# NEEDS ASSESSMENT OF THE ABORIGINAL PEOPLE

In the town of MANIWAKI, QUEBEC 2016



## MANIWAKI NATIVE FRIENDSHIP CENTER PROJECT

### CONSENT FORM (UNDER THE AGE OF 18)

I \_\_\_\_\_ give my daughter/son \_\_\_\_\_ permission to participate in Maniwaki Native Friendship Center survey.

I understand that the information collected is to be used to develop a needs assessment for the project and will be destroyed according to regulation after completion.

I confirm, that I have read and understand the survey and have had opportunities to ask questions.

I understand that my child's participation is voluntarily and they can withdraw from answering questions at any time without giving reason.

I agree to have my child participate in the survey.

\_\_\_\_\_  
Name of Child

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Surveyor

\_\_\_\_\_  
Date





# MANIWAKI NATIVE FRIENDSHIP CENTER PROJECT

## NEEDS ASSESSMENT OF THE ABORIGINAL PEOPLE

In the town of  
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QUEBEC 2016

### CONSENT FORM

I agree to participate in the Needs Assessment for the Maniwaki Native Friendship Center Project.

I understand that the information collected is to be used to develop a needs assessment for the project and will be destroyed according to regulation after completion.

I confirm, that I have read and understand the survey and have had opportunities to ask questions.

I understand that my participation is voluntarily and I can withdraw from answering questions at any time without giving reason.

\_\_\_\_\_  
Participants Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Coordinator's Signature

\_\_\_\_\_  
Date

#### OATH OF CONFIDENTIALITY

I respect the privacy of the people I will be meeting to complete a survey. I will use the information gained in a professional and responsible manner. Confidential information that has been shared and communicated to me will be used for the purpose of the Native Friendship project solely. Any information with regarding this survey will be considered confidential.

I Charlotte Commonda, Maniwaki Friendship Center project coordinator will faithfully and honestly uphold confidentiality. I will not disclose any information which comes into my possession though my positon.

\_\_\_\_\_  
Charlotte Commonda  
Project Coordinator  
Maniwaki Native Friendship Center

\_\_\_\_\_  
Date

\_\_\_\_\_  
Norm Odjick  
General Director

\_\_\_\_\_  
Date



Reminder that the information collected is for research reasons only. Information collected will be used to develop a needs assessment.

I Charlotte Commonda, will be the only person that will be reviewing the information provided and will destroy all surveys according to policy, once I have completed the report.

This survey is completely voluntarily and you do not have to answer any questions if you are not comfortable to do so and I am available to respond to any questions if required. My email: charlottec@anishinabeneration.ca phone: (819) 449-1225.

DEMOGRAPHICS:

DEMOGRAPHICS:

GENDER: MALE \_\_\_\_\_ FEMALE \_\_\_\_\_ AGE: \_\_\_\_\_

LEVEL OF EDUCATION:

HIGHSCHOOL \_\_\_\_\_ COLLEGE \_\_\_\_\_ UNIVERSITY \_\_\_\_\_ OTHER \_\_\_\_\_

LANGUAGES:

ENGLISH: \_\_\_\_\_ FRENCH: \_\_\_\_\_ ALGONQUIN \_\_\_\_\_

WHAT LANGUAGES DO YOU PREFER YOUR SERVICES IN:

ENGLISH: \_\_\_\_\_ FRENCH: \_\_\_\_\_

ANY CHILDREN: \_\_\_\_\_

WHERE DO YOU LIVE: MANIWAKI \_\_\_\_\_ OTHER COMMUNITY: \_\_\_\_\_

WHO DO YOU LIVE WITH FAMILY: \_\_\_\_\_ FRIENDS: \_\_\_\_\_

BOARDING: \_\_\_\_\_ FOSTER CARE: \_\_\_\_\_

HOW MANY PEOPLE DO YOU LIVE WITH: \_\_\_\_\_

WHICH FIRST NATION COMMUNITY DO YOU COME FROM: \_\_\_\_\_

HOW LONG HAVE YOU BEEN LIVING IN MANIWAKI: \_\_\_\_\_

WHAT HAVE YOU NOTICED ABOUT YOUR LIFE AT THE PERSONAL LEVEL SINCE MOVING TO MANIWAKI?

ARE YOU EMPLOYED? \_\_\_\_\_

HOW LONG HAVE YOU BEEN EMPLOYED? \_\_\_\_\_

ARE YOU PRESENTLY IN SCHOOL? \_\_\_\_\_



HOW MUCH EDUCATION HAVE YOU OBTAINED?

HIGH SCHOOL: \_\_\_\_\_ COLLEGE: \_\_\_\_\_ UNIVERSITY: \_\_\_\_\_

VOCATIONAL TRAINING: \_\_\_\_\_

WHAT IS YOUR MAIN SOURCE OF INCOME PRESENTLY?

SALARY: \_\_\_\_\_ EDUCATION FUNDING: \_\_\_\_\_

SOCIAL ASSISTANCE: \_\_\_\_\_ OTHER: \_\_\_\_\_

**HEALTH AND SOCIAL SUPPORT**

ARE YOU ON ANY MEDICATION? Yes \_\_\_\_\_ No \_\_\_\_\_

DO YOU HAVE ANY ILLNESSES? Yes \_\_\_\_\_ No \_\_\_\_\_

ARE YOU DIABETIC? Yes \_\_\_\_\_ No \_\_\_\_\_

ANY HEART DISEASE? Yes \_\_\_\_\_ No \_\_\_\_\_

Other: \_\_\_\_\_

HAVE YOU EVER HAD TO SEEK ASSISTANCE PROFESSIONALLY OR SPIRITUALLY FOR MENTAL HEALTH SUPPORT? Yes \_\_\_\_\_ No \_\_\_\_\_

Other: \_\_\_\_\_

DO YOU HAVE A FAMILY DOCTOR? Yes \_\_\_\_\_ No \_\_\_\_\_

HOW OFTEN DO YOU GO TO THE DOCTOR? \_\_\_\_\_

DO YOU HAVE A FAMILY DENTIST? Yes \_\_\_\_\_ No \_\_\_\_\_

DO YOU USE THE SERVICES THAT THE CLSC OFFERS? Yes \_\_\_\_\_ No \_\_\_\_\_

IF YES: FOR WHAT TYPE OF SERVICES? \_\_\_\_\_

IF NO: WHY DID YOU NOT USE SERVICES AT THE CLSC? \_\_\_\_\_

DO YOU USE THE SERVICES THAT CENTRE JEUNESSE PROVIDES? Yes \_\_\_\_\_ No \_\_\_\_\_

IF YES: WHAT TYPE OF SERVICES DID YOU USE? \_\_\_\_\_

**SECTION ONLY  
FOR ADULTS 55+**

DO YOU HAVE A FAMILY DOCTOR? Yes \_\_\_\_\_ No \_\_\_\_\_

DO YOU REQUIRE HOME CARE SERVICES? Yes \_\_\_\_\_ No \_\_\_\_\_

DO YOU RECEIVE HOME CARE? Yes \_\_\_\_\_ No \_\_\_\_\_

IF YES WHO PROVIDES IT: \_\_\_\_\_  
IF NOT WHY DID YOU NOT USE THESE SERVICES? \_\_\_\_\_

DO YOU USE THE CLSC SERVICES? Yes \_\_\_\_\_ No \_\_\_\_\_

IF YES: WHAT TYPE OF SERVICES DID YOU USE? \_\_\_\_\_  
IF NOT: WHY DID YOU NOT USE THESE SERVICES? \_\_\_\_\_

DO YOU REQUIRE FOOT CARE? Yes \_\_\_\_\_ No \_\_\_\_\_

IF YES WHO PROVIDES IT: \_\_\_\_\_  
DO YOU REQUIRE SPECIAL EQUIPMENT FOR ACTIVITIES OF DAILY LIVING? Yes \_\_\_\_\_ No \_\_\_\_\_

IF YES WHO PROVIDES THE EQUIPMENT: \_\_\_\_\_  
DO YOU DO YOUR OWN GROCERY SHOPPING? Yes \_\_\_\_\_ No \_\_\_\_\_

DO YOU HAVE ASSISTANCE FOR THIS: Yes \_\_\_\_\_ No \_\_\_\_\_

IF YES: WHO PROVIDES YOU WITH ASSISTANCE? \_\_\_\_\_



**SECTION ONLY FOR  
PREGNANT MOTHERS / MOTHERS WITH YOUNG CHILDREN**

DO YOU HAVE A FAMILY DOCTOR? Yes \_\_\_\_\_ No \_\_\_\_\_

DO YOU HAVE A FAMILY DOCTOR FOR YOUR CHILDREN? Yes \_\_\_\_\_ No \_\_\_\_\_

IS YOUR CHILDREN UP TO DATE WITH THEIR IMMUNIZATIONS? Yes \_\_\_\_\_ No \_\_\_\_\_

IF YES WHERE DID THEY GET IMMUNIZED:

DO YOU USE THE CLSC SERVICES? Yes \_\_\_\_\_ No \_\_\_\_\_

IF YES WHICH SERVICES DID YOU

IF NOT: WHY DID YOU NOT USE THE SERVICES

FROM THE CLSC DO YOU PARTICIPATE IN ANY MATERNAL HEALTH CLASSES? Yes \_\_\_\_\_ No \_\_\_\_\_

IF YES WHERE DO YOU GO:

IF NOT WHY DID YOU NOT PARTICIPATE? \_\_\_\_\_

ARE THE CHILDREN IN DAYCARE? Yes \_\_\_\_\_ No \_\_\_\_\_

IF YES WHICH DAYCARE DO THEY ATTEND: \_\_\_\_\_

ARE YOU FAMILIAR WITH THE PROGRAM MAISON DE LA FAMILLE IN MANIWAKI? Yes \_\_\_\_\_ No \_\_\_\_\_

DO YOU PARTICIPATE IN THEIR ACTIVITIES? Yes \_\_\_\_\_ No \_\_\_\_\_

IF YES: WHAT TYPE OF ACTIVITIES DID YOU PARTICIPATE IN?

IF NOT: WHY DID YOU NOT PARTICIPATE?

**LEISURE ACTIVITIES**

WHICH ACTIVITIES DO YOU LIKE TO PARTICIPATE IN?  
WHAT ACTIVITIES WOULD YOU LIKE TO DO BUT DO NOT HAVE THE MONEY TO DO?  
DO YOU PRACTICE ANY CULTURAL ACTIVITIES?

WHICH ACTIVITIES DO YOU LIKE TO PARTICIPATE IN?

WHAT ACTIVITIES WOULD YOU LIKE TO DO BUT DO NOT HAVE THE MONEY TO DO?

DO YOU PRACTICE ANY CULTURAL ACTIVITIES?



**PERSONAL SOCIAL ISSUES:**

WHICH OF THE PERSONAL PROBLEMS IS A SOURCE OF WORRY OR CONCERN FOR YOU PRESENTLY?

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- MONEY: Yes \_\_\_\_\_ No \_\_\_\_\_
- ALCOHOL AND DRUGS: Yes \_\_\_\_\_ No \_\_\_\_\_
- GAMBLING: Yes \_\_\_\_\_ No \_\_\_\_\_
- EMOTIONAL PROBLEMS: Yes \_\_\_\_\_ No \_\_\_\_\_
- ANXIETY, DEPRESSION: Yes \_\_\_\_\_ No \_\_\_\_\_
- SUICIDAL THOUGHTS: Yes \_\_\_\_\_ No \_\_\_\_\_
- FAMILY VIOLENCE: Yes \_\_\_\_\_ No \_\_\_\_\_
- CONJUGAL VIOLENCE: Yes \_\_\_\_\_ No \_\_\_\_\_
- FINDING A JOB: Yes \_\_\_\_\_ No \_\_\_\_\_
- FINDING APPROPRIATE HOUSING: Yes \_\_\_\_\_ No \_\_\_\_\_
- ADAPTING TO URBAN SETTING: Yes \_\_\_\_\_ No \_\_\_\_\_
- TRANSMISSION OF ABORIGINAL VALUES: Yes \_\_\_\_\_ No \_\_\_\_\_
- OTHER: \_\_\_\_\_

HAVE YOU EVER FELT YOU NEEDED SUPPORT FOR THE ABOVE MENTIONED ISSUES? Yes \_\_\_\_\_ No \_\_\_\_\_

IF YES: DID YOU FIND THE SUPPORT YOU REQUIRED IN MANIWAKI? Yes \_\_\_\_\_ No \_\_\_\_\_ OTHER: \_\_\_\_\_

IF NO: PLEASE GIVE THE REASONS THAT PREVENTED YOU FROM OBTAINING THIS SUPPORT:

LANGUAGE: Yes \_\_\_\_\_ No \_\_\_\_\_

DID NOT CORRESPOND TO MY FIRST NATION VALUES: Yes \_\_\_\_\_ No \_\_\_\_\_

DID NOT OFFER SERVICES I NEEDED: Yes \_\_\_\_\_ No \_\_\_\_\_

FEAR OF RACISM: Yes \_\_\_\_\_ No \_\_\_\_\_

FEAR OF JUDGEMENT: Yes \_\_\_\_\_ No \_\_\_\_\_

WAS NOT AWARE OF THE SERVICES: Yes \_\_\_\_\_ No \_\_\_\_\_

OTHER: \_\_\_\_\_

HAVE YOU EVER HAD TROUBLE WITH THE LAW? Yes \_\_\_\_\_ No \_\_\_\_\_

HAVE YOU USED THE SUPPORT SERVICES IN MANIWAKI TO ASSIST YOU? Yes \_\_\_\_\_ No \_\_\_\_\_

IF NOT: WHY DID YOU NOT USE THESE SERVICES?

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**NEEDS  
ASSESSMENT  
OF THE  
ABORIGINAL  
PEOPLE**

In the town of  
**MANIWAKI,**  
QUEBEC 2016

WHAT THINGS DO YOU LIKE ABOUT LIVING IN MANIWAKI?

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WHAT THINGS DON'T YOU LIKE ABOUT LIVING IN MANIWAKI?

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DO YOU KNOW WHAT A FRIENDSHIP CENTER IS?

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DO YOU THINK YOU WOULD GO TO A FRIENDSHIP CENTER IF MANIWAKI HAD ONE?

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DO YOU THINK THAT THE SERVICES AND ACTIVITIES THAT WILL BE OFFERED AT THE FRIENDSHIP CENTRE SHOULD BE DELIVERED BY FIRST NATION EMPLOYEES?

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WHAT THINGS DO YOU THINK WOULD BE BENEFICIAL TO HAVE IN A FRIENDSHIP CENTER?

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## SURVEY FOR YOUTH NATIVE FRIENDSHIP CENTER IN MANIWAKI

## NEEDS ASSESSMENT OF THE ABORIGINAL PEOPLE

In the town of  
MANIWAKI,  
QUEBEC 2016

Reminder that the information collected is for research reasons only. Information collected will be used to develop a needs assessment.

I Charlotte Commonda, will be the only person that will be reviewing the information provided and will destroy all surveys once I have completed my report. (no parent, principal, social services and etc. will see these surveys)

This survey is completely voluntarily and you do not have to answer any questions if you do not want to and you can ask me as many questions as you want.

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### DEMOGRAPHICS:

GENDER: MALE \_\_\_\_\_ FEMALE \_\_\_\_\_ AGE: \_\_\_\_\_

### LEVEL OF EDUCATION:

HIGHSCHOOL \_\_\_\_\_ COLLEGE \_\_\_\_\_ UNIVERSITY \_\_\_\_\_ OTHER \_\_\_\_\_

### LANGUAGES:

ENGLISH: \_\_\_\_\_ FRENCH: \_\_\_\_\_ ALGONQUIN \_\_\_\_\_

WHAT LANGUAGES DO YOU PREFER YOUR SERVICES IN:

ENGLISH: \_\_\_\_\_ FRENCH: \_\_\_\_\_

ANY CHILDREN: \_\_\_\_\_

WHERE DO YOU LIVE: MANIWAKI \_\_\_\_\_ OTHER COMMUNITY: \_\_\_\_\_

WHO DO YOU LIVE WITH FAMILY: \_\_\_\_\_ FRIENDS: \_\_\_\_\_

BOARDING: \_\_\_\_\_ FOSTER CARE: \_\_\_\_\_

HOW MANY PEOPLE DO YOU LIVE WITH: \_\_\_\_\_

WHICH FIRST NATION COMMUNITY DO YOU COME FROM: \_\_\_\_\_

HOW LONG HAVE YOU BEEN LIVING IN MANIWAKI: \_\_\_\_\_

### HEALTH AND SOCIAL SUPPORT

ARE YOU ON ANY MEDICATION: Yes \_\_\_\_\_ No \_\_\_\_\_

DO YOU HAVE ANY ILLNESSES: Yes \_\_\_\_\_ No \_\_\_\_\_

DO YOU HAVE ANY MENTAL HEALTH ISSUES: Yes \_\_\_\_\_ No \_\_\_\_\_

DO YOU GO TO A DOCTOR: Yes \_\_\_\_\_ No \_\_\_\_\_

DO YOU GO TO THE CLSC: Yes \_\_\_\_\_ No \_\_\_\_\_

SO YOU USE THE SOCIAL

WORKERS SUPPORT: Yes \_\_\_\_\_ No \_\_\_\_\_

DO YOU SEE THE SCHOOL COUNSELLOR: Yes \_\_\_\_\_ No \_\_\_\_\_



# NEEDS ASSESSMENT OF THE ABORIGINAL PEOPLE

In the town of MANIWAKI, QUEBEC 2016

## LEISURE ACTIVITIES

WHAT ACTIVITIES DO YOU LIKE TO DO: WHAT ACTIVITIES WOULD YOU LIKE TO DO BUT DO NOT HAVE THE MONEY TO DO:

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DO YOU PRACTICE ANY CULTURAL ACTIVITIES:

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## PERSONAL SOCIAL ISSUES:

HAVE YOU EVER HAD PERSONAL ISSUES WHERE YOU REQUIRED ASSISTANCE AND COULD NOT FIND ANY SUPPORT:

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EXAMPLE: ALCOHOL USAGE, DRUG USAGE, TROUBLE AT SCHOOL, TROUBLE WITH THE LAW: Yes \_\_\_\_\_ No \_\_\_\_\_

IF YOU LIVE AWAY FROM HOME - WHAT DO YOU FIND IS MOST DIFFICULT:

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WHAT THINGS DO YOU LIKE ABOUT LIVING IN MANIWAKI:

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WHAT THINGS DON'T YOU LIKE ABOUT LIVING IN MANIWAKI  
DO YOU KNOW WHAT A FRIENDSHIP CENTER IS:

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DO YOU THINK YOU WOULD GO TO A FRIENDSHIP CENTER IF MANIWAKI HAD ONE:

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WHAT THINGS DO YOU THINK WOULD BE GOOD TO HAVE IN A FRIENDSHIP CENTER:

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# NEEDS ASSESSMENT OF THE ABORIGINAL PEOPLE

In the town of  
MANIWAKI,  
QUEBEC 2016

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# NEEDS ASSESSMENT OF THE ABORIGINAL PEOPLE

In the town of  
MANIWAKI,  
QUEBEC 2016



# NEEDS ASSESSMENT OF THE ABORIGINAL PEOPLE

In the town of  
MANIWAKI,  
QUEBEC 2016

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